For organizations that have several dozen/thousand computers it may be beneficial to turn the computer off each night or at the end of the work day to help conserve power. Although many computers and electronic devices have power saving features, they will still consume power, and hundreds of computers consuming power over night is a wasted resource.
Here are some benefits of turning off your computer:

- Protecting from power surges

Living in Carbondale and considering its weather, our electronic components are susceptible to power surges during storms. And if the computer is turned off, it is unaffected.

- Protecting form hackers and unauthorized use

While we’re asleep, hackers across the globe are awake trying to get their hands on anything they aren’t supposed to. Turning off your computer at night is a good practice to protect against unauthorized use.
• **Lower energy costs**

Computers can draw a large amount of power, especially if you're running a high-end desktop. Shutting your machine down when it isn't in use will prevent excessive and unnecessary use of power, wasting less energy. This includes any relative computer devices such as scanners, printers, monitors, etc.

• **Fewer temporary system issues**

Those who keep their machines booted up indefinitely are familiar with the little problems that crop up when a computer is in use for a long time. Strange little problems occur and they're often solved by a reboot. If you're essentially rebooting every day, you're giving your machine a fresh start. This helps avoid minor system issues.
• **A longer-lasting machine**

While you can never really know when your computer is going to fail, less stress placed on its components will contribute to a longer life. You still have to keep it clean, dust-free, and well-maintained, but less activity can help your hardware last longer.

**Note 1:** If you decide to leave your computer on at night due to work. We still recommend that the computer monitor be turned off. Even when stepping away from the computer for more than 20 minutes we suggest turning off the monitor, as well as the printer, scanner, etc.

**Note 2:** Following is the link provided by SIU physical plant and service operations. It has several useful tips and notes about to saving energy:

http://www.pso.siu.edu/plant/energy/about_ecMeasures.html