

Research and Service in Cancer Rehabilitation

The SIUC Department of Kinesiology /SIH Strong Survivors Program



Dr. Phil Anton

Associate Professor, SIUC Dept. of Kinesiology
Exercise Program Director, Strong Survivors Program

- What is Strong Survivors?
 - Strong Survivors is a free program that uses exercise as a therapeutic tool to help cancer survivors and caregivers get through their treatment and recovery process.
 - Helps fill in the gaps of side-effects management

- What is Strong Survivors?
 - Strong Survivors accomplishes 3 goals:
 - 1) Research vehicle
 - 2) Provides hands-on, practical professional & personal experience for students
 - 3) Helps increase participant quality of life

- How can the community get involved with Strong Survivors?
 - Monetarily
 - Spread the word



<http://strong-survivors.siu.edu/>

Dr. Valerie Boyer Associate Professor

Rehabilitation Institute

A Fish Named Seahorse: Updates from Center for Autism Spectrum Disorders

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- Thank you from the Center for Autism Spectrum Disorders
 - Began in 2003 as part of The Autism Program in Illinois
 - We have SURVIVED!
 - My last public event as Director

- Training Program
 - Interdisciplinary training facility offering hands-on educational opportunities for students at SIUC
 - Students work directly with clients
 - Evaluation
 - Treatment

- Service Program
 - Provide community services for individuals and families of children with autism spectrum disorder
 - Diagnostics
 - Treatment
 - Speech-Language Therapy
 - Counseling

- A Fish Named Seahorse
 - The journey to finding your words
 - The joys that come from those words
 - Speech-language clinical services offered each semester

CASD phone number is 618-453-7130