Be Yourself

MAY 2016

Explore Possibilities | Fulfill Dreams | Change Lives
FAREWELL

Dean's Message

As we prepare for the close of another academic year, it is important to take a bit of time to recall and reflect upon the accomplishments realized by the college. As most everyone knows, Illinois public institutions are facing a perilous budget future akin to deep-draft, seagoing vessels sailing into shoal waters. Despite these uncertainties, the work of the faculty and staff in this college has been exceptional. In the area of external grants and contracts this college continues to lead all campus colleges. In each of the last three fiscal years COEHS has generated more awards than the rest of the academic colleges combined. That trend is continuing this fiscal year. As of January 31, 2016 the college has received awards totaling $20,562,020. This amount already exceeds our totals for fiscal years 2013, 2014, and 2015. U.S. News & World Report, as most readers certainly know, publishes annual rankings of college and university programs. This year two COEHS programs achieved high rankings. Both the Technical/Vocational program in the Department of Workforce Education and the Rehabilitation Counseling Program in the Rehabilitation Institute were ranked fourth out of the 86 programs on the list.

I invite you to read the rest of this issue to see the activities of the remarkable faculty, students, and alumni that call this college home. As an interim dean, one of the most gratifying aspects of the position has been to increase my awareness of the scope of activities and accomplishments within the entire college.

I will be retiring and stepping down as interim dean on June 30, completing 27 years as a member of this faculty. Twelve of those years I held an administrative appointment as chair of the Department of Educational Psychology and Special Education (now Counseling, Quantitative Methods, and Special Education). On July 1 the college will welcome a new dean, Dr. Matthew Keefer. Dr. Keefer’s current academic appointment is Professor of Educational Psychology in the Department of Educational Psychology, Research and Evaluation at the University of Missouri, Saint Louis. Please join with me to extend to Dr. Keefer a warm Southern Illinois University welcome. I will sign off by wishing each of you a nautical blessing every deepwater sailor appreciates.

Fair Winds and Following Seas
Lyle J. White
Professor and Interim Dean
MESSAGES
Dean's Message [inside cover]
Greetings from the Editor 2

FEATURES
Rehab Institute Gives Back to Children 3
Art Education Symposium Shining Light 4-5
Kinesiology Students Produce Female Veterans Oral History 6-7
Project Focuses On Improving Services To Elderly 8-9
EAHE Graduate Named New Principal at Marion High School 10

ALUMNI
Tradition, Pride, Opportunity: COEHS Alumni 11
Alumna Celebrates 105th Birthday 11
Former Dean Beggs to Receive Honorary Degree 12
Rodgers Named Distinguished Professor 13
Steele Distinguished Alumni Career Achievement 13

STUDENTS
Tasha Coney: SIU Was a Perfect Fit 14
Gorgosz Published In American Educational History Journal 14
Kinesiology Students Shine At OSES 14
Kinesiology Students Hold Quiz Bowl 15
Three (3) Named Missouri Valley Conference Scholar Athletes 15

PROFILES
New Director of Development Paul Melzer 16
Retirees -- We Salute You 17

KUDOS
COEHS-Wide Kudos 18-20
Distinguished Awards 20

EXECUTIVE COUNCIL | Spring 2016
Front Row, L-R: Darla G. Phoenix, Assistant to Interim Dean Lyle J. White; Saran Donahoo, Chair, Educational Administration & High Education; Cathy Mogharreban, Associate Dean for Academic and Student Affairs; Nancy Mundschenk, Director of Teacher Education; Juliane Pook Wallace, Chair, Kinesiology; Saliwe M. Kawewe, Interim Director, School of Social Work; and Jeanette Johnson, Web Specialist, Marketing and Journeys Magazine.

Back Row, L-R: Cynthia H. Sims, Chair, Workforce Education and Development; Katrina James, Chief Academic Advisor; Christie McIntyre, Chair, Curriculum and Instruction; Susan Wills, Business Manager; Lyle J. White, Interim Dean; Jodi Miley, Coordinator of Recruitment and Retention; Carl Flowers, Director, Rehabilitation Institute and Interim Chair, Counseling, Quantitative Methods, and Special Education; and Paul L. Melzer, Director of Development. Not present for photograph: Heewon Yang, Chair, Health Education and Recreation.

Cover: Being one's self; an energetic Marching Saluki.
COEHS is producing a promotional video to highlight the college’s many programs and philanthropic endeavors.

With the cooperation of University Communications’ Tamarah Cook, Assistant Director of Social Media and Student Communications, Jeanette Johnson is working with faculty and students from around the college to create a video which will entice future students to become a part of the college. Look for it this summer at ehs.siu.edu.

PARTICIPATING ACADEMIC UNITS & STUDENTS:

**Counseling, Quantitative Methods, and Special Education (CQMSE):** Kenneth Birchler, Marriage and Family Counseling masters’ student and Libby Davison, Clinical Mental Health Counseling masters’ student.

**Kinesiology (KIN):** Danielle Washington, Junior, Pre-Physical Therapy Major and Strong Survivor Trainer.

**Exercise Science**—Joe Guerra, Caleb Snyder and Cooper Springfield, graduate students, and Marta Sindclair, undergraduate.

**Strong Survivors**—Duane Cole and Emma Durr, program participant, Janelle Abarca and Christian Cocokios, Exercise Science undergraduates and Strong Survivor Trainers.

**Workforce Education & Development (WED):** Masita Misdi, Research and Teaching Assistant/PhD Student.

**FROM THE EDITOR**

"Be yourself; everyone else is already taken." – Oscar Wilde

The college experience has long been thought of as a time for young people to “find themselves.” Students of COEHS are certainly a part of this process, as our college allows its students, faculty and staff nearly unlimited opportunities to harness and unleash their potential.

For this reason, the Spring 2016 theme for Journeys was: You. We asked for members of the college to simply share what about themselves was inspiring, courageous, impressive or outstanding. Submissions flowed in like a river!

This college and its membership has been a constant source of inspiration for me, personally, even though I am not a part of the gang, so to speak. The work, research and volunteerism of students, faculty and staff of this College is done, not for the recognition or for the spotlight, but because of individual passion and simply, it’s the right thing to do.

I hope this edition of Journeys in some small way allows a bit of light to shine on the incredible things happening at COEHS, and that light shines even further into your lives as well.

Sincerely,

ZACH MARTIN

**BEING HIMSELF**

Zach Martin is a graduate student in the Professional Media and Media Management Program, part of the College of Mass Communication and Media Arts. He graduates in Spring 2017.

**VIDEO PROMO**

Videographer Evan Brown is a master’s student studying Professional Media and Media Management.
Rehab Institute Gives Back to Children

By Anna Spoere, Daily Egyptian

“...It’s really cool to see them progress as time goes on.”

Faith Teckenbrock, a 4-year-old from Herrin, sat behind a one-way mirror Monday and revealed a toothy grin as she pointed to matching images in a book held in front of her. Teckenbrock, who has Down syndrome, is a participant in the recently-opened Language and Cognition Development Clinic at COEHS’ Rehabilitation Institute.

Mark Dixon, a behavioral psychology professor, started the clinic in October. The program, which is free and open to the community, helps children with learning disabilities such as Down syndrome, autism and ADHD by providing 90-minute one-on-one therapy and intervention sessions led by graduate students.

The clinic has since expanded to include 15 families with children ages 3 to 12 and continues to take more clients.

“Most of them are there for help with increasing their language and cognitive abilities,” Dixon said.

He said the program, at no cost to the university, uses clinical and therapeutic approaches modeled after those in his books.

“These are services that typically cost about $150 an hour if they were to get private therapy,” Dixon said. “It seemed like a logical thing to do on campus given that we had the resources available here.”

Faith’s mother Krista, whose older daughter Mary is intellectually impaired, said she hopes the clinic can close the communication gap between her daughters and their peers.

The program starts each client with an assessment that allows students to determine what skills the children do and do not have, said Caleb Stanley, who works with Faith.

“It’s very individualized for the clients,” said Stanley, a doctoral student in behavior analysis and therapy from Walnut, Miss. “Every day is a new experience. It’s really cool to see them progress as time goes on.”

Stanley’s clinic supervisor, Karl Gunnarsson, a doctoral student in behavior analysis and therapy from Iceland, watched through the glass as Stanley offered Faith a colorful necklace made of Easter eggs.

Leslie Koth, whose 4-year-old daughter Mia was one of the first kids to join the clinic, said she had difficulties finding treatment for Mia, who has autism, because affordable options in the region are scarce.

“It was a very difficult time for our family,” Koth said. “[The clinic] came into our lives when we were emotionally drained parents who didn’t know what to do or where to go.”

She said the students have shown her a lot about how to teach her daughter at home. Now, after four months at the clinic, Mia is talking more and has made noticeable progress, she said — all at no cost to the family.

Dana Paliliunas, a doctoral student in behavior analysis and therapy from Chicago who helped Dixon create the program, said providing it for free seemed like the right thing to do.

“It’s important because the kids are in need of it,” Paliliunas said.
Education is not simply the “three R’s,” and a spring event supported by the COEHS sought to shine a light on a segment of the discipline many may overlook: art education.

A symposium held at Morris Library to receive papers from Dr. Peter London, an art educator for over 50 years, served as a way to not only increase the university’s portfolio, but assist art education students within the Curriculum and Instruction department connect with a leader in their field.

“The symposium was an opportunity to cross disciplinary boundaries on campus with Dr. London’s work as the central pivot point,” said Dr. Barbara Bickel, associate professor of art education.

Bickel said the university holds several collections of papers like London’s, used by scholars around the world for research. The addition of London’s work will allow graduate students and faculty of COEHS access to his writings on curriculum development and even personal correspondence with other art education scholars.

“Library archives are where future scholars can go to resurrect exemplar best practices,” Bickel said. “Dr. London’s papers are ones that we want to be able to turn to.”

Bickel said it is important for researchers in the field to be able to have access to collections like London’s because the “commodification” of art and art education has caused it to seem less important to the public, and London’s papers will help art education students change that perception.

“A restoration of the significance of...”

By Zach Martin

Art Education Symposium

Library to receive papers from Dr. Peter London, an art educator for over 50 years, served as a way to not only increase the university’s portfolio, but assist art education students within the Curriculum and Instruction department connect with a leader in their field.

“The symposium was an opportunity to cross disciplinary boundaries on campus with Dr. London’s work as the central pivot point,” said Dr. Barbara Bickel, associate professor of art education.

Bickel said the university holds several collections of papers like London’s, used by scholars around the world for research. The addition of London’s work will allow graduate students and faculty of COEHS access to his writings on curriculum development and even personal correspondence with other art education scholars.

“Library archives are where future scholars can go to resurrect exemplar best practices,” Bickel said. “Dr. London’s papers are ones that we want to be able to turn to.”

Bickel said it is important for researchers in the field to be able to have access to collections like London’s because the “commodification” of art and art education has caused it to seem less important to the public, and London’s papers will help art education students change that perception.

“A restoration of the significance of...”

By Zach Martin

Art Education Symposium

Library to receive papers from Dr. Peter London, an art educator for over 50 years, served as a way to not only increase the university’s portfolio, but assist art education students within the Curriculum and Instruction department connect with a leader in their field.

“The symposium was an opportunity to cross disciplinary boundaries on campus with Dr. London’s work as the central pivot point,” said Dr. Barbara Bickel, associate professor of art education.

Bickel said the university holds several collections of papers like London’s, used by scholars around the world for research. The addition of London’s work will allow graduate students and faculty of COEHS access to his writings on curriculum development and even personal correspondence with other art education scholars.

“Library archives are where future scholars can go to resurrect exemplar best practices,” Bickel said. “Dr. London’s papers are ones that we want to be able to turn to.”

Bickel said it is important for researchers in the field to be able to have access to collections like London’s because the “commodification” of art and art education has caused it to seem less important to the public, and London’s papers will help art education students change that perception.

“A restoration of the significance of...”

By Zach Martin
the process of art as a form of inquiry and learning in education contributes to the making of a whole person and a healthy society," Bickel said.

Dr. London’s papers will also be published on SIU’s Open Access journal Artizein: Arts and Teaching Journal, available online starting in the fall. Artizein can be found at: http://opensiuc.lib.siu.edu/atj

COEHS approaches art education with a broad brush, requiring students to take courses in art history and studio practice as well as standard education courses, something Bickel said was important to creating successful art educators.

“Our teachers in training are encouraged to meaningfully integrate their art practice with their teaching practice and enter the teaching careers with their own emergent and ongoing questioning philosophy of art education,” she said.

Art education students also are required to integrate a community service and teaching component into their degree program, which include hands-on, collaborative teaching experiences with students in communities throughout the Southern Illinois region.

Ultimately the symposium and the introduction of Dr. London’s papers provide a unique and invaluable resource for the college’s art education students, allowing them to become the best possible teachers for the community.

“Our mission is to develop compassionate, innovative and engaged art educators,” Bickel said. →
Female Veterans Oral History sheds light on military and societal perceptions of physical ineptitude

Graduate students in the Department of Kinesiology embarked on a new mission this semester to learn about power dynamics, gendered behaviors and the impact of perception on the military.

Members of the joint Kinesiology and Women, Gender and Sexuality Studies “Gender and Sport” course created the Female Veterans Oral History Project under the direction of Dr. Bobbi Knapp, associate professor of Sport Studies and current program director of the college’s Diversity in Sport course.

“I developed the female veterans oral history project as a service learning component of the KIN/WGSS 560 Gender and Sport graduate course I teach as a way to expand the students’ knowledge about the ways in which cultural perceptions of gendered physicality can impact opportunities or experiences of individuals,” Knapp said of the new program.

Knapp added the military served as a logical starting point related to sport due to its physicality and the masculine domains involved.

“I Incorporated female veterans’ experiences into this course seemed very timely due to some recent conversations including the inclusion of women into new combat roles and the completion of the Army Rangers course by three females,” she said.

Students interviewed female veterans from the area and participated in an in-class veteran panel discussion early in the semester.

One goal of the project, and its concurrent research, is to help shed light on the differences between military and societal perceptions of what it means for a woman to be “physical,” by examining how military women have already “disproven societal stereotypes of physical ineptitude,” Knapp said, with the opening of combat roles and the recent completion of Army Ranger School by women.

Lovísa Hlynsdottir, a doctoral student from Egilsstadir, Iceland, said her involvement provided a unique perspective as someone who grew up in a country with no standing military force.

“It helped me understand that the gender inequality in sports in the U.S. is deeply ingrained in other parts of society and therefore it helped me understand some of the historical perspectives a lot better,” she said.
Hlynsdottir added the different ages of the veterans gave her interesting historical perspectives, but tying all of them together were the distinct challenges faced by females serving in the armed forces. “To have this close contact to females,” she said. “Both have included women in the ranks even though such inclusion has often been hard fought and at points restricted,” she said.

Ultimately, both Knapp’s and the students’ involvement with the panel discussion and oral history project is intended to create opportunities to share stories and create a place of communal understanding for the issues faced by women in the armed services as well as the world of sports.

Knapp said the similarities between the military and sporting culture were very important to the students’ understanding of the source material for the course. “Both are male dominated both ideologically and structurally. Both include physical demands that are often perceived as being more aligned with males as compared with women that have been in the military or still are in the military is something that has given me a fresher perspective on the military as a whole and on women’s involvement with the military,” she said.

Jordan Franklin, a master’s student in the Kinesiology department, said the chance to interact with her source material in such a personal way was very rewarding. “I would have never had the chance to understand the personal perspectives and experiences that [the veterans] offered,” she said.

“Both have included women in the ranks even though such inclusion has often been hard fought and at points restricted,” she said.

Ultimately, both Knapp’s and the students’ involvement with the panel discussion and oral history project is intended to create opportunities to share stories and create a place of communal understanding for the issues faced by women in the armed services as well as the world of sports. ☞

By Zach Martin

L-R: Bridgette Hankins (veteran), Lucciany Melendez (veteran), Jordan Franklin (student), Lovisa Hlynsdottir (student), Tammi Pinski (veteran), Cheryl Barnett (veteran), Luke James (student), Sarah Abelseth (student), and Lisa M. Thomas (veteran) gathered after their panel discussion in February.
CARBONDALE, IL -- Southern Illinois University will use a new grant to improve the care and lives of the region’s senior citizens.

Rush University Medical Center in Chicago is the recipient of a $2.4 million federal Geriatric Workforce Enhancement Program grant. Grant partners include Southern Illinois University, the Illinois Association of Area Agencies on Aging and Lawndale Christian Health Center.

SIU’s share of the Rush grant is approximately $450,000 over a three-year period. The money will fund the Community Action Training for the Collaborative Healthcare – Older Adult Network (CATCH-ON) project.

The collaborative effort involves SIU Carbondale’s School of Social Work, Department of Psychology and the Clinical Center; and the School of Medicine’s Physician Assistant Program, the Family Medicine Residency Program, the Family Medical Center in Carbondale and the Center for Rural Health and Social Service Development. Also, the SIU Edwardsville School of Nursing at Carbondale and Shawnee Health Care are involved. The School of Social Work and the School of Medicine are the collaborators receiving the grant funding.

The project incorporates several elements, including training for providers to assess and address the needs of older adults and their caregivers or families individually and at the community level.

The grant will help foster an integrated geriatric and primary care system and provide community-based programs to give people the knowledge and skills to improve the care quality and health of older adults.

Already about 17.7 percent of the state’s population is older adults, according to the U.S. Census Bureau, Ruth Heitkamp, rural health project specialist for the Center for Rural Health and Social Services, said. By 2030, officials estimate 24 percent of the Illinois population will be elderly, so there is a real and growing need to adequately care for them, she said.

“There are so many competing needs and the geriatric population is going to be hit hard in the next 10 years as the population ages,” Heitkamp said.

The project is designed to educate people about aging adults and their issues and transform existing primary care systems to meet those needs, according to Elaine Jurkowski, project co-director and SIU professor of social work.

“It is exciting to bring together various groups on campus and in the community that have expertise in different aspects of care for the elderly,” Dr. Sharon Smaga, project co-director and professor of Clinical Family and Community Medicine and physician at SIU Family Medicine Clinic in Carbondale, said. “The collaboration will hopefully improve the knowledge of providers and caregivers as well as improve services to the elderly in the region.”

The downstate initiative includes several elements, Jurkowski said. The SIU partners will conduct a needs assessment, determining what problems and issues the elderly and their caregivers and families have as well as what services exist for the elderly at this time. The team will then look at ways the services can be consolidated or coordinated.

The aging population faces a myriad of health issues...
Development will work with Emergency Medical Services providers to conduct wellness checks and other specified activities to monitor the health of geriatric patients from participating clinics and health care providers.

The project is a win-win for the elderly, those who work with the aged and the community at large, Jurkowski said. Caregivers will know how to better meet the needs of the geriatric population, student interns will get practical experience in the field, the community will have a more cohesive network providing needed care to older adults and the elderly will receive the mental and physical care they need.

Here’s a scenario that Jurkowski said plays out often. An elderly adult is hospitalized for one ailment or another and with improved health, is sent home a few days later, often with prescriptions for continuing treatment. However, the patient may have no way of getting the prescriptions filled and within a few days, the ailment worsens and they are calling an ambulance for a ride back to the hospital. But, with improved health care literacy, someone within the system will be making sure that the geriatric patient gets those prescriptions filled before arriving home or by delivery shortly thereafter. It sounds simple, but it’s a big deal for the patient and the system, she said.

“The goal of this project is to build the capacity and improve access to needed services for older adults and their caregivers,” Jurkowski said.

Nationally, the U.S. Department of Health and Human Services awarded more than $35.7 million in grants to 44 health professions schools or programs in 29 states to benefit older adults.

College of Education and Human Services
Jacob Davis ‘17

EAHE Graduate Named New Principal at Marion High School

by Riley Swinford, The Marion Star

Davis, who is in his early 30s, began teaching science at the high school in 2006. He has specialized in teaching chemistry courses, including both the general and advanced placement classes.

With his students, he has a reputation for being “a strict grader, but an excellent teacher,” according to information on ratemyteachers.com, a website for students to review teachers. “He is not rude and he explains everything,” one review of Davis says. “His chemistry class is hard, though. But he is nice and understanding.”

Another review of him credits Davis “vast knowledge” of the subjects he teaches and says “he will prepare you the most for college.”

Davis will have his Master’s Degree in Educational Administration this September. He currently holds a Master’s Degree of Education in Secondary Math/Science Education (December 2005) from Slippery Rock University of Pennsylvania. He also has a Bachelor’s Degree in Chemistry (May 2004) from Graceland University in Iowa. Also, he was a Rend Lake College adjunct chemistry faculty member from 2010 to 2012. He became a National Board Certified Teacher in 2011). He is also the Sponsor for the MHS National Honor Society.

When news of Davis’ selection was posted to The Marion Star’s Facebook page Tuesday night, it became a popular post, with more than 100 people “liking it” and more than 50 ‘sharing it.” Some of Davis’ former and current students, along with some students’ parents, left their comments on the post.

“Outstanding selection,” John Holst, who has had kids in some of Davis’ courses, said. “Character, leadership, skill, understanding and empathy for both teachers, staff and students will carry Mr. Davis into this next role as principal.”

Holst’s wife, Sara, agreed and wished Davis congratulations, but said she will miss him in his role as a teacher.

Cam McCurdy, a former student of Davis’, said, “One of my favorite instructors! Great fit.”

Kelly Holland, a longtime Unit 2 employee herself, said, “Wonderful choice! You won’t find a finer person for the job!”

While it is clear Davis is a popular choice, he will have big shoes to fill as Varner — who has been principal since July 2014 — has also been very popular and beloved.

In a letter to MHS faculty, staff, students and parents that was released on Friday, Jan. 29, Varner said it’s a difficult decision to step down, but after a great deal of thought and prayer, he feels like it’s the right one for him and his family.

“While I am proud of our many accomplishments at Marion High School over the past two years, such as moving into a new facility and becoming a 1:1 high school, I have realized that my true passion is teaching and working with students on a daily basis in a classroom setting,” he said.

The move back into the classroom will be a natural one for Varner. Before becoming the high school’s head principal on July 1, 2014, he spent nine years teaching in the Unit 2 district. Varner’s move back to the classroom was approved during the school board’s February meeting.

“It’s with regret, personally, for me to accept his resignation,” School Board President Mike Absher said at that time. “Of course, we wish him well and we are glad that he wishes to stay within our school district.”

When Varner was named the head principal for the 2014-2015 school year, he replaced John Harland, a retired Marion High School principal who filled in on an interim basis during the 2013-2014 school year. He split the duties with interim assistant principal Karl Sweitzer, since both could only work 100 days each without losing retirement benefits.

The pair of interim leaders was needed after longtime MHS principal Dr. Steve Smith became the superintendent of Dupo Community School District 196 in July 2013.

One of the administrators who will work alongside Davis was hired last month. During the February meeting, Ryan Goodisky, who is currently a teacher and coach in Mt. Vernon, was hired to be the school’s new athletic director. He will also work as an assistant principal.

In addition to Varner, the current MHS administration includes Nate Addison (assistant principal) and Darrell Wimberly (dean of students).

Together, the administration oversees more than 1,100 students in the new $65 million high school building. Most of the construction project is done, but the final phase is still in progress. It is expected to be complete sometime in 2017. When it is completely finished, the new high school will include 92 classrooms and will be 100,000 square-feet larger than the previous building.
Alumni of the College of Education and Human Services are the lifeblood of our college, the living embodiment of our practices, teaching and skills set out into the world to change it for the better.

There are several ways the College, university and Alumni Association spotlights the achievements and continuing excellence of our alumni: the Association’s Distinguished Alumni Awards, highlighting alumni via the Association, and within the college itself, Journeys magazine and our website.

The SIU Distinguished Alumni Award recognizes SIU Carbondale alumni who have achieved success and recognition since their graduation. Former recipients include leaders in the business industry, famous actors, and world-class athletes. Pictures and biographies of the selected alumni are located on the first floor of the SIU Rec Center in the Alumni Lounge. We want to congratulate all alumni who have been recognized and thank the many others who bring prestige and recognition to SIU every day.

Four awards are given by the Association on an annual basis: career achievement, humanitarian efforts, cultural impact and young alumni achievement. These award winners are nominated via the Association’s website, and are self-started. Nomination information for the awards can be found at the Association’s website.

If you’d simply like to share your story, the Alumni Association has an avenue for that as well, found on their website or interested parties can contact the Association by phone at (618) 453-2408, by email at alumni@siu.edu, or by writing to:

SIU Alumni Association
1235 Douglas Drive
Coley Hall, 2nd Floor
Mailcode 6809
Carbondale, IL 62901

For Journeys, we are always open to hearing from COEHS alums about their life and work experience and how their time with the College inspired their paths. In this issue, you’ve already heard from Tasha Coney, for example, who jumped at the chance to contribute her story. If this sounds like something you’d like to share, email us anytime at submit2journeys@siu.edu or call us at (618) 453-5177, or visit our website [listed below] to share your story there.

Those stories you submit may not just show up in Journeys, but also on the College’s website as well!

We email a digital copy of Journeys to our alumni mailing list (which now numbers almost 50,000 people) every semester, and this May we will be including a digital PDF version as well, to increase readability. We hope each and every one of you enjoys Journeys, and we hope to hear from you soon! ☺

For submissions to Journeys:
http://ehs.siu.edu/about/journeys/Journeys-submissions.html
SIU Alumni Association Share Your Story:
When Donald Beggs came to SIU as a student, he never imagined he would lead the university as interim chancellor from the same building his mother lived in when she was a student.

At the May commencement, Beggs, who served as interim chancellor for two years in the late 1990s, will receive an honorary degree, Doctor of Education Leadership.

When he first received the call that his name was being submitted for the nomination, Beggs said he had to make sure he wasn’t being prank called.

“It’s an enormous compliment,” he said. “It’s something I did not anticipate or see coming.”

A current SIU leader knows Beggs’s value to the university, after he served as interim chancellor in 1996.

“One of the most unfortunate things that took place in SIU’s recent history is the fact that Don did not remain as chancellor after he served that role so well on campus,” said SIU President Randy Dunn, who was hired at SIU as faculty while Beggs was dean of the College of Education.

Dunn said Beggs accepted the interim position under the condition he would not be a candidate for the permanent role. Dunn said as the completion of Beggs’s two-year term came to a close, many people on campus urged the then-SIU president to allow Beggs to continue serving as chancellor. The president did not renegotiate terms.

The current SIU president said Beggs could have changed the direction of the university and built continuity on campus. At the time of his departure, the university had many interim and vacant positions, Dunn said.

“It would have been a game-changer at a critical time in our history to have had Don Beggs in that role for maybe a 15- or 20-year run,” he said. “It could have done some amazing things here. I think the biggest success he had was just bringing a stability and direction to the campus.”

Beggs, who has four generations of Saluki students in his family, has memories of campus that stretch well before the 1990s.

When he began his education in 1959, classes were still being taught inside World War II military barracks. Beggs completed his bachelor’s in education in 1963 and his master’s the next year.

Beggs spoke about some of his fondest SIU memories.

“I’ll always remember when [presidential] candidate John Kennedy was on campus,” he said. “He drove through the campus, as students we got to see him and Jackie. That was a special time.”

Beggs went to the University of Iowa to complete his doctorate, but always found his way back to Carbondale. In 1970, he became associate dean of SIUC’s graduate school.

“When I came back and joined the faculty, those were wonderful years,” Beggs said. “That was not a part of my plan. The opportunity presented itself, and next thing I knew, it’d been 32 years.”

During his time at SIU, Beggs saw the university add professional schools in medicine and law, as well as the Paul Simon Public Policy Institute. One of the biggest changes Beggs said he saw was the influx of technology and the university’s rise as a research institution.

He would later serve as both assistant and associate dean of the College of Education before becoming its dean for 15 years.

After his term as interim chancellor, Beggs became president of Wichita State University in 1999 until his retirement in 2012.

Beggs’ family history at SIUC — known as Southern Illinois Normal College at the time — traces to the 1890s when his grandmother and her three sisters attended the university for one year to be qualified to teach.

His mother originally attended the university from 1924 to 1926 to attain a teaching degree, but returned in 1960 to earn her bachelor’s degree. His mother lived in Anthony Hall, a girl’s dormitory at the time, which now houses the chancellor’s and provost’s office. Beggs said his mother and the woman who would later become his wife, Shirley Beggs, even tackled a chemistry class together.

Since then, both of his children have attended SIU, each of them pursuing a career in education.

“It’s quite an honor,” he said of the honorary degree. “It made me think of my family history — of the people I taught with and got to know on a personal basis. Just a lot of memories flowed forward that haven’t been on the front burner for quite some time.”
Kathy V. Rodgers

Rodgers Named Distinguished Professor

Dr. Kathy V. Rodgers, professor of mathematics at the University of Southern Indiana, is the 2016 recipient of USI’s Distinguished Professor Award. She is being honored for her leadership, teaching excellence and passion for student success. She will receive the award during the Commencement ceremony for the Pott College of Science, Engineering, and Education.

Rodgers is a 1995 graduate of SIU, receiving her Ph. D. in Curriculum and Instruction from COEHS.

Rodgers began her career at USI in 1990, and for over 25 years, she has been involved with student education and departmental development at USI. Her leadership includes serving as associate chair, acting chair and chair of the Mathematics Department, a position she held for 12 years. She has long been recognized for her role in collaboration across colleges, departments and other universities.

After her long and illustrious career, Dr. Rodgers plans to retire this year.

Robert Steele

Steele Named Distinguished Alumni Career Achievement

Robert (Bob) Steele, graduate of COEHS and former SIU swim coach, was named the 2016 SIU Distinguished Alumni Award winner for Career Achievement and received his award at the SIU Alumni Association’s annual award ceremony April 29.

Steele is a two-degree graduate of SIU, earning bachelors and master’s degrees from the College of Education and Human Services in 1962 and 1963, respectively.

Bob Steele’s career spans 58 years as a swim coach, whose experience and accolades have made him a giant in the sport. A conference- and national amateur championship-winning swim captain at SIU from 1958 to 1961, Steele began his coaching career with a Carbondale-based youth group. He spent more than a decade as the head swim coach for SIU, with a 230-66 lifetime record. During his tenure at SIU, he also coached the National Junior Swim Team and national teams in Holland and France.
SIU Was A PERFECT FIT

By Tasha Coney

My name is TASHA CONEY and I am a proud master’s graduate, former employee, and current doctoral student of the College of Education and Human Services and this college holds a special place in my heart!

After surviving a rather mentally exhausting divorce while working for a school system that was unsuccessful in passing governmental standardized testing for the 3rd year in a row, I decided that my life needed a change. Graduate school wasn’t the first thing to come to mind, but it was an option. That option became more realistic after meeting a gentleman who was a faculty member at Southern Illinois University Carbondale, who introduced me to the idea of finishing my master’s degree in Workforce Education and Development. This was very attractive to me since I was a Career and Technical Education teacher by trade and SIUC had the Workforce and Education Development department, which was a perfect fit.

He also informed me about the P.R.O.M.P.T. (Proactive Recruitment of Multicultural Professionals for Tomorrow) Assistantship. Equipped with that information and the support of the faculty and staff of the Workforce Education and Development department, I went on to graduate a two-year master’s program in one and a half years with a 4.0 GPA.

Although graduating with high honors is commendable after being out of school for 10 years, the meritorious portion of my story is that after I graduated with the master’s degree, I went on to utilize my master’s project to enhance the population that I had studied. I was awarded a grant that allowed me to go into Chicago Public Schools and use the curriculum that I created to train Career and Technical Education teachers some additional strategies in working with students with disabilities in their unique classrooms. While that may seem like the obvious next step to graduating with an advanced degree, we all know that sometimes, once the pomp and circumstance is over, so is the life of that piece of graduate work. Now I am pursuing my PhD in Workforce Education and Development and stretching myself mentally and academically once again. My time as a faculty member in the college allowed me to grow as a higher education professional and see the world of higher education from both sides and obtain a brand new perspective of education. I’m thankful for the opportunities for learning that I have had in the College of Education and Human Services.

Tasha Coney, WED Master’s Graduate December, 2008.

STUDENTS

Gorgosz Published in American Educational History Journal

EAHE graduate assistant Jon Gorgosz was featured in Volume 42 of the esteemed journal with the publication of his article entitled “She Was A Sweetheart: The Sweetheart Symbol and the Formation of Feminist Roots in Campus Culture from 1945 to 1970.”

Gorgosz has been a member of the department since June of 2014, and is pursuing his doctoral degree in history.

Kinesiology Students Shine at OSES

On Feb. 20, 2106, the Department of Kinesiology Organization of Sport and Exercise Science (OSES) served as the fitness screening crew for the 2016 Southern Illinois Men’s Expo for the 8th consecutive year. As always, we got numerous compliments on the student’s professionalism, skill, and good nature. Special thanks to Rigo Ochoa for serving as the Crew Coordinator.


14 College of Education and Human Services
KINESIOLOGY STUDENTS’ Quiz Bowl
Fun & Educational By Phil Anton

On Friday, April 8, the Department of Kinesiology’s student RSO, Organization of Sport and Exercise Science (OSES), hosted its 2nd Annual Quiz Bowl. Seven teams of three students competed in the event where questions were asked, Jeopardy-style, from category areas including: metabolism, biomechanics, cardiovascular physiology, anatomy, nutrition, strength and conditioning, ECG, and muscle physiology. The team called “In It To Win It” was the winner, claiming Quatro gift cards and a chance to attend the Midwest American College of Sports Medicine meeting this fall to compete against teams from other schools across the Midwest.

“The event was a success. Some students were reluctant to participate because they were unsure what to expect. However, it went well and those that played had a great time. Thanks to all the faculty, staff, and students who helped make this event possible. To the winners, good luck at the regional competition!” said Jacob Jackson, senior in Exercise Science, President of the Organization of Sport and Exercise Science.

KIN faculty members Kim Gray, Larry McKenzie, and Dr. Jared Porter served as the judges for the event and OSES members Jacob Jackson, Maggie Pelagio, and Rigo Ochoa handled the scoreboard. Dr. Phil Anton served as the M.C. of the event.

WINNERS:

1st Michael Simon, Scott Carlson & Gabriela Portillo
2nd Arishna Marshall, Landon Chandler & Abby Hull
3rd Trebor Mann, Jacob Trammel & Amir Asyraf
4th Sarai Ocampo, Ashley Sturgeon & Haeden Sweetin

Three members of the Southern Illinois women’s basketball team were recognized as Missouri Valley Conference Scholar Athletes, the conference announced March 8. Redshirt junior Rishonda Napier and fellow junior Kim Nebo were named to the MVC Scholar-Athlete First Team, while sophomore Kylie Giebelhausen earned Scholar Athlete Honorable Mention honors.

The criteria for the scholar-athlete team balloting parallels the CoSIDA (College Sports Information Directors of America) standards for Academic All-America voting. Nominees must be starters or important reserves, have played at least 75-percent of a team’s games, and must carry at least a 3.20 GPA (on a 4.0 scale).

Sophomore Kylie Giebelhausen was named to the Honorable Mention Scholar Athlete team. Giebelhausen owns a 3.52 cumulative GPA with a double major in exercise science and pre-physical therapy in the Kinesiology Department of the COEHS. The East Peoria, IL., native has started all 30 games for SIU and has 58-straight starts dating back to last season. She is averaging 9.2 points, 4.5 rebounds, 2.5 assists, 1.2 steals and 1.3 blocks per game in 32.5 minutes of play. She has scored in double-figures in 15 of SIU’s 30 games this season and tied a career-high with 18 points in SIU’s 69-61 win over Missouri State on Feb. 19. Giebelhausen is one of eight Salukis all-time to tally at least 400 points, 200 rebounds, 100 assists and 50 blocks in a career.

It marks the first time in program history that SIU has two first team selections, and the first time since the 2005-06 season that Southern is represented on the MVC Scholar-Athlete First Team. The three total honorees are the most for Southern since the 2008-09 season.

Nebo and Giebelhausen are the 20th and 21st different Salukis to earn MVC Scholar-Athlete recognition while Napier is the eighth Saluki to earn multiple MVC Scholar-Athlete honors.

L-R: Phil Anton, Master of Ceremony, judges, score keeper, and participating students. FAR RIGHT: Winners of the Quiz!
Welcome COEHS’ New Director of Development Paul Melzer

Paul Melzer joined the SIU Foundation as Director of Development for the College of Education and Human Services in February 2016. Melzer is a proud Saluki and graduate of the College of Education and Human Services, earning his Bachelor’s Degree in Sports Administration.

Melzer is a native of Lake Zurich, Illinois and is an avid Chicago sports fan. When not at work, he enjoys spending time with his wife, Natalie, and kids Macy (8), Rya Jo (4), and Dalton (1).

Melzer joined the SIU Foundation because of his desire to make a difference in the lives of others.

“When the opportunity presented itself to give back to the University and College that played a significant role in molding me into the person I am today, I simply couldn’t pass it up,” he said.

Prior to joining the SIU Foundation, Melzer was the Director for Special Olympics in Southern Illinois, a position he held since 2012. He was responsible for managing and developing all facets of the program which spanned ten counties in southern Illinois. During his tenure at Special Olympics Illinois, Melzer was able to reach more athletes than ever before, nearly doubling the athletes served in the area. He also more than doubled program revenue with a unique menu of fundraising events, campaigns, and partnerships which resulting in more opportunities for children and adults with intellectual and developmental disabilities right here in southern Illinois.

He served four years active duty in the United States Navy where he was stationed aboard the USS Cleveland (LPD 7) in San Diego, California. During his time in the Navy, Melzer successfully completed two deployments to the Persian Gulf.

Short of this time in the Navy, Melzer and his family have called southern Illinois home for his entire life, and SIU and the College of Education are an integral part of their lives.

“I knew from the second I stepped foot on campus as a freshman that I could live here for the rest of my life,” Melzer said.

He is excited to give back to the University and College that gave so much to him as a student, and strongly believes education and human services is the single most important medium to assist in educating all people.

“What truly stood out to me about my Southern Illinois University experience was the support I received from my faculty and staff within the College of Education. They truly cared about me as a person, took the time to get to know me, and more than anything else wanted me to be successful when my time at SIU was complete.”

Paul L. Melzer
Director of Development
College of Education and Human Services
SIU Foundation Carbondale-SIUC
Mailcode: 6805
Carbondale, IL 62901
paulm@foundation.siu.edu
618/453-4268
The College of Education and Human Services

Thank You Retirees for your dedication to

THE COLLEGE OF EDUCATION AND HUMAN SERVICES

2016

Lyle White, Interim Dean

Dr. White served as the COEHS dean from July 1, 2015 until his retirement in June of 2016.

2015

Donna Post

Dr. Post served as the chair of the Curriculum and Instruction Department until her retirement in December of 2015.

William Vogler

Dr. Vogler served as chair of the Kinesiology Department and held a full professorship prior to his retirement in 2015.

Kathleen Leonard

Kathleen worked in the Workforce Education and Development department until her retirement in July of 2015.

Connie Plessman

Connie was a faculty member of the OCDP Military Programs in Workforce Education and Development until her retirement in December 2015.

Charles Sidell

Charles was a faculty member of the OCDP Military Programs in Workforce Education and Development until his retirement in December 2015.

Myra Tucker

Myra was a faculty member with the Curriculum and Instruction department until her retirement in December 2015.

H. George Whitehead

George was a faculty member in Health Education and Recreation until his retirement in December 2015.

Brenda Calvert

Brenda was a faculty member with the Office of Teacher Education until her retirement in December 2015.

Sheila Dingrando

Sheila was a civil service employee with the Rehabilitation Institute until her retirement in December 2015.

David Ardrey

David worked with the Dean's Office and will retire in August of 2015.

2014

Michael Scott

Mr. Scott worked in the COEHS dean's office until his retirement in July of 2014.

David Adams

Mr. Adams worked in the Rehabilitation Institute until his retirement in December of 2014.

Danny Watts

Mr. Watts worked in the dean's office for 16 years before his retirement in December of 2014.

Donna Wilson

Donna served as an associate professor with the Kinesiology Department before her retirement in December 2015.

Tony Calabrese

Tony worked as a senior lecturer in the Kinesiology Department prior to his retirement in August 2015.

Kim Miller

Dr. Miller served with the Health Education and Recreation faculty from Fall 2012 until her retirement during the fall semester of 2015.

James Bordieri

Mr. Bordieri was a member of the Rehabilitation Institute until his retirement in June of 2015.

Keith Griffin

Mr. Griffin worked with the Workforce Education and Development department until his retirement in April of 2015.

Janet Harris

Mrs. Harris worked for 21 years with the Curriculum and Instruction department before her retirement in June of 2015.

Roberta Ogletree

Mrs. Ogletree was with the Health Education and Recreation department prior to retiring in June of 2015.

Kathleen Welshimer

Mrs. Welshimer worked with the Health Education and Recreation department before retiring in June of 2015.

John McIntyre

Dr. McIntyre served as chair of the Curriculum and Instruction Department and held a full professorship prior to his retirement in 2015.

Jon Geiger

Jon worked with the Rehabilitation Institute until his retirement in December 2015.

2013

Kevin Wise

Mr. Wise was a faculty member with the Curriculum and Instruction department before retiring in December of 2014.

Richard Bortz

Mr. Bortz was a member of the Workforce Education and Development department until his retirement in December of 2014.
Teacher Ed Program Exceeds Statewide Performance
By Zach Martin


The College of Education and Human Services’ Teacher Education Program students have achieved a perfect 100 percent pass rate on the edTPA assessment for the fall 2015 semester.

The edTPA is an evidence-based performance assessment of teacher candidate effectiveness, developed by Stanford University, which is required for all teacher candidates to pass before they apply for licensure to teach in the state of Illinois. The assessment is widely used throughout the United States as a capstone assessment to measure effectiveness in the classroom by focusing on student learning.

During the fall assessment period, all teacher candidates received a passing score; the state average pass rates ranged from 70% to 100% for individual subject area disciplines. SIU students excelled by surpassing the state average scores in elementary math and literacy, and in secondary science, math, history/social science, and English, as well as in physical education and performing arts.

Freeman Receives Health Research Award

The 20th annual “Celebrate Women: Honoring Inclusive Excellence” luncheon March 3 recognized the contributions of current faculty, staff and students, and former faculty, for their research, scholarly and creative achievements.

Julia Freeman previously taught in the COEHS and received the Marlene Rotbart Matten Academic Excellence in Health Research Award during the luncheon.

Yang Appointed ATRA Committee Co-Chair

Professor Heewon Yang, chair of the Health Education and Recreation Department in the College of Education and Human Services, was appointed as co-chair for the program committee of the 2016 American Therapeutic Recreation Association’s annual conference to be held this fall.

SIU Interim Provost Susan M. Ford called Yang’s appointment “a major accomplishment and testament to [Yang’s] hard work and dedication.”

The ATRA Annual Conference will be held in Chicago from September 10-13, and more information about the conference and its goals can be found at their website: https://www.atra-online.com/education/continuing-education/future-conferences

CWD Presents at Dept. of Ed.

Jeanne Kitchens, associate director of the Center for Workforce Development, presented her work on the ISLE Open Educational Resources project to the U.S. Department of Education at an invitation-only event as part of the department’s #GoOpen initiative, “a campaign to encourage states, school districts and educators to use openly licensed educational materials.”

Kitchens presented the project at a White House Open Symposium earlier this year, and was invited to make the project part of the invite-only #GoOpen launch event in the nation’s capital.

According the the Dept. of Education’s #GoOpen website http://tech.ed.gov/open-education/, the program is designed to harness the potential of openly-licensed educational resources to increase access to quality educational opportunities throughout the United States, reducing funding for textbooks and allowing districts to spend more on the transition to digital learning.

Wilson Speaks to New York Times on A.D.H.D.

Dr. Keith B. Wilson of the Rehabilitation Institute was recently approached by the New York Times to provide an editorial as part of a group debate on the issue of Attention Deficit Hyperactivity Disorder (ADHD) diagnoses in America today.

Dr. Wilson’s piece centered on the disparity in diagnoses between children of different races, pointing out that black children are more likely to display symptoms commonly associated with the disorder yet far less likely to be diagnosed or receive medication to treat it.

Four other industry experts weighed in on the debate, which can be found in its entirety at: http://www.nytimes.com/roomfordebate/2016/02/01/is-the-adhd-diagnosis-helping-or-hurting-kids

COEHS Graduate Honored at White House

Franciene Sabens, 2014 Illinois High School Counselor of the Year and school counselor at Chester High School, was honored Jan. 28 by First Lady Michelle Obama in the East Room of the White House.

Sabens was one of the finalists for National School Counselor of the Year, who were honored alongside the 2016 National School Counselor of the Year, Kat Pastor of Arizona.

“Oh, wow! It was a lot of rules, but really exciting,” Sabens said.

Sabens graduated with her Bachelor of Science degree in Paralegal Studies in 2002 and is a 2008 Master of Science graduate in Educational Psychology-School Counseling, both from SIU. The Educational Psychology department has been renamed to the Counseling, Qualitative Methods and Special Education Department and can be found here. Sabens has been the counselor at Chester High School since July 2007.

After the ceremony, the First Lady’s staff, Acting Secretary of Education John King, ASCA staff, school counselor of year finalists and semi-finalists, and their guests spent the afternoon at a reception in the East Wing of the White House.

(Story courtesy The Southern Illinoisan)
Several Counselor Education faculty were published:


Cynthia Sims, chair of Workforce Education and Development, presented her works “The Impact of Colorism on Taiwanese Women’s Careers” and “Evidence of Lookism in Online Job Advertisements in Urban China” to the 2016 Human Resource Development International Research Conference (HRDIRCA) in late February.

Hussein Hassan Soliman, advisor and professor in the School of Social Work, published an article entitled “The effects of divorce on Saudi girls’ interpersonal adjustment” in International Social Work. The piece was a joint effort between Dr. Soliman and four members of the faculty at King Saud University in Saudi Arabia. Reprints and permissions: https://us.sagepub.com/en-us/nam/resources-for-journal-authors-and-editors

Eight Coehs Members Present At Aera In Washington, D.C.

Eight esteemed students and faculty from the College of Education and Human Services (COEHS) at SIU will present at the 2016 American Educational Research Association (AERA) Annual Meeting April 8-12 in Washington, D.C.

The AERA describes itself in its mission statement as a national research society which “strives to advance knowledge about education, to encourage scholarly inquiry related to education, and to promote the use of research to improve education and serve the public good.”

Topics at the annual meeting will include roundtable idea sessions, Bayesian Estimation and Propensity Score Analysis in Educational Statistics, Problem Solving in Complex Settings, Public Scholarship on Racialized Opportunities and Experiences in Higher Education, and more.

Attending from COEHS are:

- Peter Fadde, professor, Curriculum and Instruction
- Todd Christopher Headrick, professor, Counseling, Qualitative Methods, and Special Education
- Sosanya Jones, assistant professor, Educational Administration and Higher Education
- Jennifer Koran, assistant professor, Counseling, Qualitative Methods, and Special Education
- Rhonda Kowalchuk, associate professor, Counseling, Qualitative Methods, and Special Education
- Tzu Chun Kuo, graduate student, Counseling, Qualitative Methods, and Special Education
- Glenn Allen Phillips, lecturer, Educational Administration and Higher Education
- Yanany Sheng, associate professor, Counseling, Qualitative Methods, and Special Education
- Barbara Bickel, associate professor at the School of Art and Design, will also attend the meeting as part of SIU’s delegation.

The 2016 edition of AERA’s annual meeting will celebrate the society’s centennial, illuminating the role of education researchers as public scholars who “contribute to public understanding, political debate, and professional practice” in diversifying democracies at home and abroad.

Information from the American Educational Research Association’s website (www.aera.net) was used in this article.
Health Education Students Rock!

Students in Dr. Robert Rados’ HED 512 course (Public Health Program Planning) heard news that Dr. Rados [center] was celebrating his birthday, and decided to assist with a gift of flowers and smiles. Our students at COEHS continually surprise and delight not only each other, but faculty and staff as well.

Audiologist Students Giving Back

Rehabilitation Institute students worked with Brehm Preparatory School in Carbondale during a “May Is Better Speech and Hearing Month” promotion sponsored by the National Student Speech Language Hearing Association. Supervised by an audiologist, the students provided a valuable and complementary service to community members by issuing hearing screenings to attendees. The students served around 20 patients, and all involved appreciated getting the opportunity to give back.

L-R: CDS undergraduate students-- Kyleigh Pender, (Atheana Meadows, Audiologist, CDS faculty member), Samantha Incaprera and Sarah Luebke.
How to Make the Most of an Internship

An internship is a key component to an individual’s career development. A form of experiential learning that integrates knowledge learned from the classroom with practical application and skill development in a professional setting, internships give students the opportunity to gain valuable experience, network with professionals, and develop mentorship relationships with professionals in their field.

What does an intern do? It varies based on field of study, employer, supervisor and intern. It may also vary day to day, week to week, or depend on what is happening in the work environment. Interns may do some mundane tasks from time to time, but for the most part, they have real responsibility and actual projects on which to work.

Why have an internship? Participating in an internship will not only provide experience beyond education, but it will also give students and alumni a competitive edge in the job market. Internships are increasingly significant tools for obtaining practical experience and may serve as a connection to a full-time position. Internships are also helpful for career exploration. They allow the intern the opportunity to “try out” an occupation which may be of interest to him or her.

Where can I find internships? Many organizations offer internships, cooperative education experiences, volunteer or seasonal positions. Contacting their human resources department is a good place to begin when asking about such positions. You may also contact the following when searching for an internship: Career Services, Saluki Recruiting, company websites, online tools such as internships.com, career fairs, your academic department, faculty, and LinkedIn. Also, networking with friends and colleagues is also a great way to identify internship opportunities.

ASK YOURSELF:


Remember that communication is key. When interacting with company staff, other professionals in the field, your supervisor, clients and others, always be professional.

What does it mean to be professional? Your ability to communicate (both orally and in writing) can make a lasting impression. You need to speak well and write well. Ask for regular feedback from your supervisor and be proactive. Ask for more work. Do not sit and wait for more work to be given to you.

Network. This is your opportunity to get to know people in your field. Use this time to make professional connections for the future. Schedule informational interviews with company executives. Get to know fellow interns. Invite other managers and employees out for a quick coffee. Use LinkedIn to stay connected after your internship is over.

Be a sponge. Pay attention to your office culture. You can learn a lot about a particular career path and industry by observing those around you. Do people talk to one another in person or via email? Do they all stay late on Thursdays to complete a special project? If so, offer to pitch in. Make sure that you are in sync with what is important to your team so people see you as a resource. Be prepared to be flexible and adaptable based on the company’s or supervisor’s needs. Take all of your tasks seriously, no matter how small.

Most importantly, behave like an executive. Be punctual and professional. Arrive a few minutes early and leave a few minutes late. Meet deadlines. In fact, try to finish projects early if possible. Become part of the team. Work like it is your actual job. Finally, go above and beyond in all your tasks.

Here are a few tips to remember when searching for an internship:

• Focus your search
• Consider how the experience aligns with your professional goals
• Consider how the internship will increase your networking and familiarity with the field
• Begin searching at least six to nine months ahead of time
• Have your resume and cover letter critiqued
• Brush up on your interview skills

Contact for more tips:
Career Services
Student Services Building
Suite 179
618-453-2391
michelle.garrett@siu.edu
http://careerservices.siu.edu/
“There are Angels Among Us.” Darl Young is one of those angels disguised as a teacher, a hospice volunteer, a friend, an alumnus and a professional proofreader. Darl has made an impact in my life and in the readability and quality of Journeys.

Darl, was my mother Dorothy’s hospice volunteer during the last year of her life before her death in July 2015. He was warm and compassionate with my mom and he loved playing Scrabble, my mom’s favorite pastime.

As creator, supervising editor and designer of Journeys, I had been looking for a person to proofread, who was not within COEHS. When I learned Young was a COEHS alumnus, and a professional proofreader, I was thrilled. When asked, he agreed to become Journeys’ external proofreader and made sure we dotted our “i’s,” crossed our “t’s,” and left no participles, dangling. In general, he reviewed our work to make sure our grammar was correct and our articles made sense so you, the reader, could truly enjoy them.

Thank you Darl!
Jeanette I. Johnson

Darl Young is a second-grade teacher at General John A. Logan Elementary School in Murphysboro, IL. He previously taught third grade for nine years and fifth for one. Darl is proud to be a 2003 graduate of SIU College of Education with a B.S. Ed. Darl has been a resident of the Carbondale area since 2000, when he came to SIU to go to college and forgot to return home to Springfield. He lives with his wife, Allison and stepson, Garrett.