1) As always, if anybody has items that they would like to add to the weekly Saluki Spirit Announcements, please send them to Dr. Phil Anton at: panton@siu.edu

The Announcements are designed to reflect Saluki Spirit in all aspects of campus and the community, so send whatever you want from any corner of southern Illinois. Pictures are always a great addition.

2) #SalukiFriday is here: Remember to wear your Saluki gear on Fridays!

Also, send pics of your group(s) to Dr. Anton, as well as Randy Johnson at 710: randyj@seventen.com
Photos will be featured in the Saluki Spirit Announcements and on 710's Facebook and Twitter platforms.

3) This weekend we are dropping in on the Southern Illinois Wellness Expo (SIWE) to see if we can lend a hand. Those pics will be featured soon on the "SIUC Department of Kinesiology" Facebook page (https://www.facebook.com/SIUC-Department-of-Kinesiology-201366063240550/), on our Twitter page: https://twitter.com/SalukiSpirit (swing by and give us a follow @SalukiSpirit), and our “salukispirit” Instagram page.

For more info on the SIWE go to: http://southernillinoiswellness.com/

It’s gonna be a great event!

The #SalukiFriday Picture Poll winner is now being determined by adding up the total likes from all three platforms above. The winner for the pics taken with the personal training crew at the SIUC Rec Center (pre-Spring Break beach-body-sculpting session) is at the end of the Announcements.

4) “In The Shadow”, a film by Dr. HD Motyl and Mark Stoffel (of the Department of Radio, TV, and Digital Media and the College of Mass Communication and Media Arts about the eclipse experience in southern Illinois, premieres this Saturday, Mar. 24 at 5:30 PM at Shryock Auditorium. The premiere will be followed by a star-gazing party.

For more info go to: http://universityevents.siu.edu/eclipse_documentary
5) **Saluki Women’s Golf** is on their home course for the **Saluki Invitational** March 25-26 at Hickory Ridge Golf Course. Come on out and support this awesome team in their only home match of the year.

Hanna Netisingha (Zoology) was named the **MVC Player of the Week** for the **3rd time** in her career. Congrats Hanna!

6) **Women’s History Month 2018** is happening in the month of March and many events are scheduled. For more details check out this link: [http://news.siu.edu/2018/02/022618-2018-womens-history-month.php](http://news.siu.edu/2018/02/022618-2018-womens-history-month.php)

7) The **Saluki Food Pantry** is in need of canned fruit — show your **Saluki Spirit** and bring your donations to the Student Center Administration Office, The Sustainability Hub, or just bring them direct to the Pantry.

8) **Saluki Track and Field** has their only home meet of the spring this weekend (**Friday and Saturday, Mar. 23 and 24**) with the **Bill Cornell Spring Classic**. Admission is **free** and the meet begins **Friday** afternoon with the men's and women's discus at **3:30 PM**. **Saturday** events begin at **11 AM** with the women's hammer throw. Events on the track begin at **12:30 p.m**.

9) The **Gamma Kappa Omega Chapter** of the **Alpha Kappa Alpha Sorority** presents **Mental Health Among People of African Descent** with Dr. Courtney Boddie on **Saturday, April 19**.
Saluki Softball has a bit series this weekend on Kay Brechtelsbauer Field at Charlotte West Stadium as they take on Illinois St. Game times are as follows:

Saturday, Mar. 24 at 12 PM and 2 PM
Sunday, Mar. 25 at 11 AM

This past week saw the team rake in numerous awards.

Brianna Jones (Dental Hygiene) was named MVC Pitcher of the Week. Congrats Brianna!

Katelyn Massa (Sport Administration) doubled up with the MVC Player of the Week and the Saluki Student-Athlete of the Week awards. Congrats Katelyn!

Finally, Coach Kerri Blaylock picked up her 1000th win as Saluki Softball Head Coach and not long after became the winningest coach in program history.  Congrats Coach!
11) If you or your group are looking for **service opportunities**, check out the **Adopt-a-Spot** program. Check it out at:  [http://www.keepcb.org/adopt-a-spot.html](http://www.keepcb.org/adopt-a-spot.html)

12) If your Dept, College, RSO, group, etc. is doing **outreach in the community**, please share details with **SIUC Director of Community Relations**, Karen Stallman, at 618-453-2425 OR [karenstallman@siu.edu](mailto:karenstallman@siu.edu)

13) **Saluki Men’s Golf** will be back on the course at the **William & Mary Kingsmill Intercollegiate**, March 25-27. If you can’t make it to **Williamsburg, VA** follow them on **Twitter**:  [https://twitter.com/SIU_MGolf](https://twitter.com/SIU_MGolf)

Peyton Wilhoit (Marketing) earned **MVC Golfer of the Week** honors. Congrats Peyton!

14) **Saluki Baseball** has a big homestand at the **Itch** this weekend vs. UC-Irvine. Game times are as follows:

- **Friday Mar. 23** at 1 PM
- **Saturday, Mar. 24** at 2 PM
- **Sunday, Mar. 25** at 2 PM

They will then take on Arkansas St. at the **Itch** on **Tues. Mar 27** at 5 PM

15) **The Big Event** is coming up on **Apr. 7**. Show your Saluki Spirit and register to help out on the **largest one-day, student-run service project in the history of SIUC**! Go to:  [http://thebigevent.siu.edu/](http://thebigevent.siu.edu/)
16) Get your boat out of dry dock for the **45th Great Cardboard Boat Regatta**! $15 bucks for pre-event registration and $20 for on-site. **Saturday April 28** at the beautiful Becker Pavilion on Campus Lake!

17) Saluki Football has its **Spring Scrimmage** at Saluki Stadium this **Saturday, Mar. 24 at 10 AM**.

18) Prior to Spring Break, Saluki Women’s Basketball finished out their season in the semi-finals of the MVC Tournament in Moline. Senior Kylie Giebelhausen (**Exercise Science**) finished out her Saluki Career with one last honor that week: **Saluki Student-Athlete of Week**. Congrats Kylie and good luck in physical therapy school at Bradley next year!

**GO DAWGS!**

#WEAREALLSALUKIS
WINNER OF THE RECENT SOCIAL MEDIA PICTURE POLL:

On #SalukiFriday, we worked with the personal trainers at the SIU Rec Center to try to get "beach ready" for Spring Break. They started us off with some fitness testing and it went poorly, despite our kinesio-taping efforts. Personal Trainer Cyndi Williams is pretty sure that we are going to have a negative score on the sit-and-reach flexibility test...