Premature Infants

Books

- Primary care of the premature infant by Dara Brodsky and Mary Ann Ouellette (2008)

  The two authors have worked together to create a comprehensive reference that covers both the pathophysiology and epidemiology of problems that premature babies face in the Neonatal Intensive Care Unit. This book touches on specific diseases that affect premature infants and focuses on two primary categories: background and management in the NICU, and management of specific illnesses after discharge from the NICU.


  This edition includes an overview of the basic science, metabolism and nutritional requirements of the neonate. There are a number of chapters that have been expended dealing with in depth clinical issues ranging from IUGR, intravenous feeding, nutritional therapies for inborn errors of metabolism and care of the neonatal surgical patient. Overall this volume highlights the important long-term effects of fetal and neonatal growth on health in later life.

- Feeding and nutrition in the preterm infant by Elizabeth Gowan Jones, Caroline King (2005)

  This is a practical handbook for healthcare professionals that covers all aspects of pre-term nutrition, using evidence-based information to promote safe and effective practice. The audience will discover problem-solving strategies, interventions, and information on meeting the nutritional requirements of pre-term infants.

Websites

- Breastfeeding your premature baby at www.preemie-l.org/bfaq.html

  This author touches on basic questions and answers for new mothers who have concerns about feeding their premature baby. It also provides the reader with suggestions to help a mother get started while her baby is still in the hospital.

- The La Leche League

  Success Tips for Bottle Feeding a Preemie

  They also has a website for parents of premature infants: www.llli.org/nb/nbpremature.html

  The La Leche League has an abundance of articles that touch on breastfeeding for premature infants. It also has a section of frequently asked questions that pertain to mothers who have concerns about breastfeeding their preemies.

  http://video.about.com/preemies/Preemie-Infant-Massage.htm

  This video done was done by a certified infant massage specialist, Joanna Tomcheck. In this clip she demonstrates the proper way to give a preemie infant massage, and she also touches on why these massages are beneficial for the baby. There are also cues mentioned that suggest when a massage may be needed, such as hiccupping.