EPSY 100—Career Decision Making
Syllabus and Tentative Schedule
SPRING 2014

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**Course Description:**

EPSY 100 focuses on career decision-making. This course is designed for you to explore yourself and the characteristics that make you who you are. Most of the activities and assignments will help you learn more about yourself, your decision style, and major or career goals.

EPSY 100 has been a popular course offered in this format for over two decades; it has shown to be an effective way for undecided undergraduates to gain increased self-confidence in making career decisions, including choosing an academic major. In addition, the course has been helpful for graduating students who are ready to begin chosen careers through some life/career planning opportunities. Over the years, a number of former EPSY 100 students have entered the Counselor Ed program. Who knows, maybe you'll be running your own EPSY 100 class someday! We welcome the chance to talk to you about your future any time.

**Course materials** are only available on Online SIU [https://online.siu.edu/](https://online.siu.edu/) (AKA Desire to Learn or D2L). You must have an SIUC Dawg Tag and password (how you access your SIU account) to use Online SIU/D2L.

**Companion Websites:**

- Illinois Work Net Interest & Skills Profiler: [www.illinoisworknet.com](http://www.illinoisworknet.com)
- Kiersey Temperament Sorter: [www.keirsey.com](http://www.keirsey.com)
- Career Decision-making Difficulties Questionnaire: [www.cddq.org](http://www.cddq.org)

You will need a three-ring, loose-leaf binder with section dividers to organize course materials and assignments. This portfolio will be submitted several times during the semester for grading.

**Grading:**

There are 1,000 points possible and they are divided as follows:
*Attendance = 640 points. (That’s 40 x 16 total sessions). A minimum of ten points will be deducted each session for every five minutes students are late. Students will not earn any points if they are more than 15 minutes late.

*Homework = 360 points. Homework assignments not submitted to the instructor in class on the due date will lose half of the available points. Homework that is more than a week late will receive no points. ALL homework assignments need to be inserted in the portfolio to receive full points for each portfolio review.

A. Illinois Work Net Interest Profiler—25
B. Illinois Work Net Skills—25
C. Career Decision Making Difficulties Questionnaire—25
D. Kiersey Temperament Sorter—25
E. Portfolio Reviews—Two reviews, 25 points each = 50 points.
F. Occupational Fact Sheets—Two reports, 25 points each = 50 points.
G. Resume—30 points
H. Mock Interviews—35 points
I. Final Essay—40 points
J. Flow Chart—35 points
K. Discretionary Assignments---20 points

*Grade Scale:

1,000—900: A
899—800: B
799—700: C
699—600: D
599—Below: F

Attendance: Attendance is necessary and expected. Investing in your learning minimally requires that you attend class weekly, attend class on time, and be prepared for class. Also, please check Online SICU/D2L often for additional information and guidance.

Exam, Absence Policies, & Extra Credit: There are no exams for this course. Make-up points for missed class sessions are only available through completion of extra credit activities. **Extra credit activities will be assigned at the discretion of your instructor. Extra credit points can be only be applied to homework, and is limited to 60 points unless approval is received from Dr. Champe for absences due to extenuating medical circumstances.** Documentation for all such circumstances is required. Please inquire if you have any questions about these policies.

Office Hours: Office hours for the instructor(s) are available upon request. Appointments can be scheduled a minimum of 24 hours in advance excluding cases of emergency.

Course Context: The instructors for this course are graduate students in the Counselor Education program at SIUC completing EPSY 548c Advanced Group Practicum as part of their required course of study, under the direction and supervision of Dr. Julia Champe, and doctoral students in the Counselor Education PhD program. All class meetings are video recorded for instructional and supervision purposes only.

Emergency Procedure: Southern Illinois University Carbondale is committed to providing a safe and healthy environment for study and work. Because some health and safety circumstances are beyond our control, we ask that you become familiar with the SIUC Emergency Response Plan and Building Emergency Response Team (BERT) program. Emergency response information is available on posters in buildings on campus, on the BERT website (www.bert.siu.edu), on the Department of Safety’s webpage (go to www.dps.siu.edu and click...
on the “disaster” icon) and in the Emergency Response Guideline pamphlet. Know how to respond to each type of emergency.

Instructors will provide guidance and direction to students in the classroom in the event of an emergency affecting your location. **It is important that you follow these instructions and stay with your instructor during an evacuation or sheltering emergency.** The Building Emergency Response Team will provide assistance to your instructor in evacuating the building or sheltering within the facility.

**Reasonable Accommodation for Students with Disabilities:** If you have any special need(s) or disability for which you require accommodations to promote your learning in this class, please contact your instructor as soon as possible to discuss your needs. The Office of Disability Support Services (DSS) offers various support services and can help you with special accommodations. You may wish to contact DSS at 453-5738 or in Room 150 at Woody Hall to verify your eligibility and options for accommodations related to your special need(s) or disability.

**Saluki Cares:** If you struggle with any circumstances related to your academic life, contact saluki care, [http://salukicares.siu.edu/](http://salukicares.siu.edu/) Saluki Cares is to develop, facilitate and coordinate a university-wide program of care and support for students in distress.

**Academic Integrity:** Students may be subject to disciplinary proceedings resulting in an academic penalty or disciplinary penalty for academic dishonesty. Academic dishonesty includes, but is not limited to, cheating on a test, plagiarism, or collusion. For more information, please visit [www.siu.edu/~docedit/policies/conduct.html](http://www.siu.edu/~docedit/policies/conduct.html).

**Notes:**

- Group leaders are here to assist you.
- Please do not hesitate to ask questions!
- Have **FUN**!

FOR SAMPLE CLASS SCHEDULE AND ASSIGNMENTS, SEE PAGE 4, BELOW.
<table>
<thead>
<tr>
<th>Week</th>
<th>Date</th>
<th>Session</th>
<th>Theme</th>
<th>Homework</th>
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</thead>
<tbody>
<tr>
<td>6</td>
<td>Tues</td>
<td>1</td>
<td>Orientation, Getting Acquainted, Course Requirements, Syllabus</td>
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<tr>
<td></td>
<td>Thurs</td>
<td>2</td>
<td>Getting Acquainted, Who Are You?</td>
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<tr>
<td>7</td>
<td>Tues</td>
<td>3</td>
<td>Who Are You?</td>
<td>Complete 2 online assessments: Keirsey Temperament Sorter &amp; Career Decision-Making Difficulties Questionnaire (CDDQ)</td>
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<td></td>
<td>Thurs</td>
<td>4</td>
<td>What Do You Like To Do?</td>
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<td>8</td>
<td>Tues</td>
<td>5</td>
<td>What Do You Like To Do?</td>
<td>Illinois Work Net: Interests (part 1)</td>
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<td>Thurs</td>
<td>6</td>
<td>What Are Your Strengths?</td>
<td>Illinois Work Net: Skills (part 2)</td>
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<td><strong>Spring Break</strong></td>
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<td>Tues</td>
<td>7</td>
<td>What Are Your Strengths?</td>
<td>Career Research (Occupational Fact Sheet): #1 for partner #1 for self</td>
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<td>Thurs</td>
<td>8</td>
<td>What Is Important To You?</td>
<td>*Portfolio Review #1</td>
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<td>Tues</td>
<td>9</td>
<td>What Are Your Supports &amp; Challenges?</td>
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<td>Thurs</td>
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<td>What Are Your Supports &amp; Challenges?</td>
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<td>What Is In Your Future?</td>
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<td>Thurs</td>
<td>12</td>
<td>What Is In Your Future?</td>
<td>Cover Letter &amp; Resume</td>
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<td>Tues</td>
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<td>FLOW Chart presentations</td>
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<td>FLOW Chart presentations Final Essay due</td>
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<td>Thurs</td>
<td>16</td>
<td>What Is In Your Future?</td>
<td>*Portfolio #2 review &amp; due</td>
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