KIN 103D - Modern Dance Course Syllabus
Instructor: Donna Wilson

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Office Hours: Mon & Wed: 9:30-11:30
MTWR: 12:30-1:00

Description
This course is designed to introduce the beginning dancer to Modern Dance. The course is designed to introduce you to the basics of modern dance technique, exploration in movement, and self expression in the art form of dance. The course is primarily an activity course. There will, however, some be lecture, video, and discussion days.

Objectives
At the end of the course the student will be able to:

Tentative Method of Evaluation:
Attendance & Participation 100 pts.
Studies (10 @ 10 pts.) 100 pts.
Written Tests (2 @ 50 pts.) 100 pts.
Journal 50 pts.
Concert Attendance & Critique 30 pts.
History Report 10 pts.

Grading Scale

<table>
<thead>
<tr>
<th>Grade</th>
<th>Points</th>
<th>Percent</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>351-390</td>
<td>90-100%</td>
</tr>
<tr>
<td>B</td>
<td>312-350</td>
<td>80-89%</td>
</tr>
<tr>
<td>C</td>
<td>273-311</td>
<td>70-79%</td>
</tr>
<tr>
<td>D</td>
<td>234-272</td>
<td>60-69%</td>
</tr>
<tr>
<td>F</td>
<td>0-233</td>
<td>0-59%</td>
</tr>
</tbody>
</table>

Academic Dishonesty may result in the failure of this course.

Kin103/Modern/syllabus
Revised: Fall 2009
Attendance & Participation:
Attendance and participation is required. Attendance grades will be computed by the following point system:

<table>
<thead>
<tr>
<th># Of unexcused absences</th>
<th>Points (Grade)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>100 (A)</td>
</tr>
<tr>
<td>2</td>
<td>90 (A)</td>
</tr>
<tr>
<td>3</td>
<td>80 (B)</td>
</tr>
<tr>
<td>4</td>
<td>70 (C)</td>
</tr>
<tr>
<td>5</td>
<td>60 (D)</td>
</tr>
<tr>
<td>6</td>
<td>50 (F)</td>
</tr>
</tbody>
</table>

An absence will be excused with documentation of (1) an illness, (2) a death in the family, (3) advance notice of a university sponsored trip or (4) advance notice of a religious holiday, (5) a court day. The student is responsible for obtaining the appropriate documentation.

Be on time for proper warm-up. Arriving late is not only rude under all circumstances, it is also counterproductive for the dancer. Warm up exercises are designed to be done in a carefully regulated progression in order to warm up the body preparing you physically and mentally for activity. You are also training in proper technique so that you will be dancing safely and properly later in class. Arrival to class 15 or more minutes late will be counted as a tardy. If you are late, please ask permission to join the class. Any significant tardy or early departure from class will be figured as an absence. A student arriving late to class might not be allowed to participate that day, but will be allowed to observe. The student is responsible for checking in with the instructor at the end of class on the day they are tardy or run the risk of being counted absent.

Students are encouraged to observe class if they are injured or recovering from an illness. In order to receive credit for your presence you must sit at the front of the class and take notes and record evaluations of the class. You must show your notes to the instructor immediately after the class.

Active participation in a minimum of 60% of the classes is required for a passing grade in the course. I.E.: A student observing and/or absent (excused or not) for 10 or more classes receives an F in the course.

Studies
Studies are short dance segments exploring a specific theme. We will be working on studies every week. These will be assigned according to the theme that week. We will be working in small groups, however, if a dancer is absent he/she may make up the study as a solo.

Written Tests
Written tests will cover the vocabulary, handouts, and any class lectures. Make-up tests will be given only in cases of documented excused absences and will be given at your instructor's convenience.

Journal
You are required to keep a weekly journal for this class. There should be at least one entry per week. You should write in your journal as soon after class as you can and at a time that you can be reflective. You should date your entry. You may include things we did in class, feelings
about your experience in class, observations you may have made during or after class about yourself, new things you have learned, or other things that may come up.

**Concert Attendance**
You are required to attend the Southern Illinois Dance Company (SIDC), and to write a concert evaluation. You must turn in your *program and ticket stub* for the concert to document your attendance. See your class schedule for the date.

In summary you are required to:
10 pts.  1. see the SIDC concert
20 pts.  2. write an evaluation of the above concert

**Classroom Etiquette, Safety, and Tardiness**
▷ Be on time for proper warm-up.
▷ If you are late, please ask permission to join the class.
▷ No gum chewing during class.
▷ No street shoes on the dance floor
▷ No buckles or sharp metal on clothing
▷ Turn off your cell phone when entering the auditorium.

**Dress**
1. Clothing that reveals the bodyline and allows freedom of movement is **required**.
2. Leotards and tights are strongly recommended
3. Biker shorts or running tights are acceptable
4. Bras for women and dance belts or athletic supports for men are recommended
5. Snug fitting sweatpants and a T-shirt tucked in at the waist are acceptable
6. Sweatpants are defined as cotton knit **not** nylon windbreaker/warm-ups.
7. Hair must be up and out of face
8. Bare feet or Modern Dance sandals
9. No dangling jewelry, stocking feet or street shoes allowed
10. No baggy T-shirts, baggy cover-ups, skirts, hats, or sunglasses
Dance Wear Sources:

Discount Dance Supply  
www.discountdance.com/dtp.html  
1-800-328-7107  
If you purchase from Discount Dance and Enter my Teacher Referral Code: **TP26528**  
You will receive 10% off your 1st order plus help the Southern Illinois Dance Company earn Reward Points toward costumes.

Dance Wear Solutions  
www.dancewearsolutions.com  
1-866-542-6500  
Dance Distributors  
www.dancedistributors.com  
1-800-333-2623

or Google Dance Wear

**Top Name Brands:** Bloch, Capezio, and Danskin

**Equipment**

1. Notebook to keep assignments and handouts  
2. Towel and water bottle (optional)

**Safety**

Participating in a Physical Education activity class involves risks of physical injury. Students are responsible for obtaining appropriate medical approval to participate in physical activity that is considered to be normal and customary for the course in question. The student is also responsible for making the instructor aware of any medical limitations she/he may have with respect to the physical activity in question. The student shall also make the instructor aware if medical conditions (including pregnancy) or complaints develop after the start of the course.

**Emergency Procedures:**

Southern Illinois University Carbondale is committed to providing a safe and healthy environment for study and work. Because some health and safety circumstances are beyond our control, we ask that you become familiar with the SIUC Emergency Response Plan and Building Emergency Response Team (BERT) program. Emergency response information is available on posters in buildings on campus, available on the BERT's website at www.bert.siu.edu, Department of Public Safety's website www.dps.siu.edu (disaster drop down) and in the Emergency Reponse Guidelines pamphlet. Know how to respond to each type of emergency.

Instructors will provide guidance and direction to students in the classroom in the event of an emergency affecting your location. It is important that you follow these instructions and stay with your instructor during an
evacuation or sheltering emergency. The Building Emergency Response Team will provide assistance to your instructor in evacuating the building or sheltering within the facility.

We will go into the hallway by the classrooms